

RESULTS: SALIVA HORMONE TEST

Patient: APRIL APRIL

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Sex: Female

Age: 36 yr

Date of Birth: 1987-10-10

Height: 5 ft 2 in

1st day of last menses: Day 05, Month 02

Menstrual status: Regular

Hormones: No

Health Care Professional: Jane Smith

Sample received: 2023-12-27

Report issued: 2024-01-04

Sample collection:

2023-12-23 06:30 AM

2023-12-23 12:30 PM

2023-12-23 17:45 PM

2023-12-23 22:15 PM

STRESS & HORMONE PROFILE

17-β ESTRADIOL (E2) pg/ml

2.9

Female	Reference ranges	
21-50 years	Follicular phase	1.3 - 7.8
	Mid cycle	3.8 - 16.0
	Luteal phase	1.2 - 8.4
51-75 years	Post Menopausal	0.6 - 4.4
Male	1.0 - 4.7	

PROGESTERONE (Pg) pg/ml

218

Female	Reference ranges	
	Follicular phase	19.6 - 86.5
	Luteal phase	99.1 - 332.6
	Post Menopausal	6.0 - 56.4
Male	12.7 - 65.1	

Pg:E2 RATIO

75.2:1

Optimal (Luteal): 100 - 300:1 when E2 1.2-3.3 pg/ml

Melatonin (Daytime\Noon) pg/ml

2.2

Reference range 0 - 5

Secretory IgA (Morning) µg/ml

16

Reference ranges

Very Low	< 16.5
Low	16.5 - 128
Mid-Range	128 - 223
High	223 - 359
Very High	> 359

CORTISOL (C) ng/ml

	Reference ranges	Median
Morning	2.2 - 9.8	3.9
Noon	0.9 - 3.5	0.9
Afternoon	0.3 - 3.0	0.6
Night	0.1 - 2.8	0.3
TOTAL	3.5 - 19.1	5.6

DHEA-S (DS) ng/ml

0.3

	Reference ranges	Median
Female	0.2 - 3.6	1.7
Male	0.3 - 3.7	1.8

TOTAL C:DS RATIO

10:1

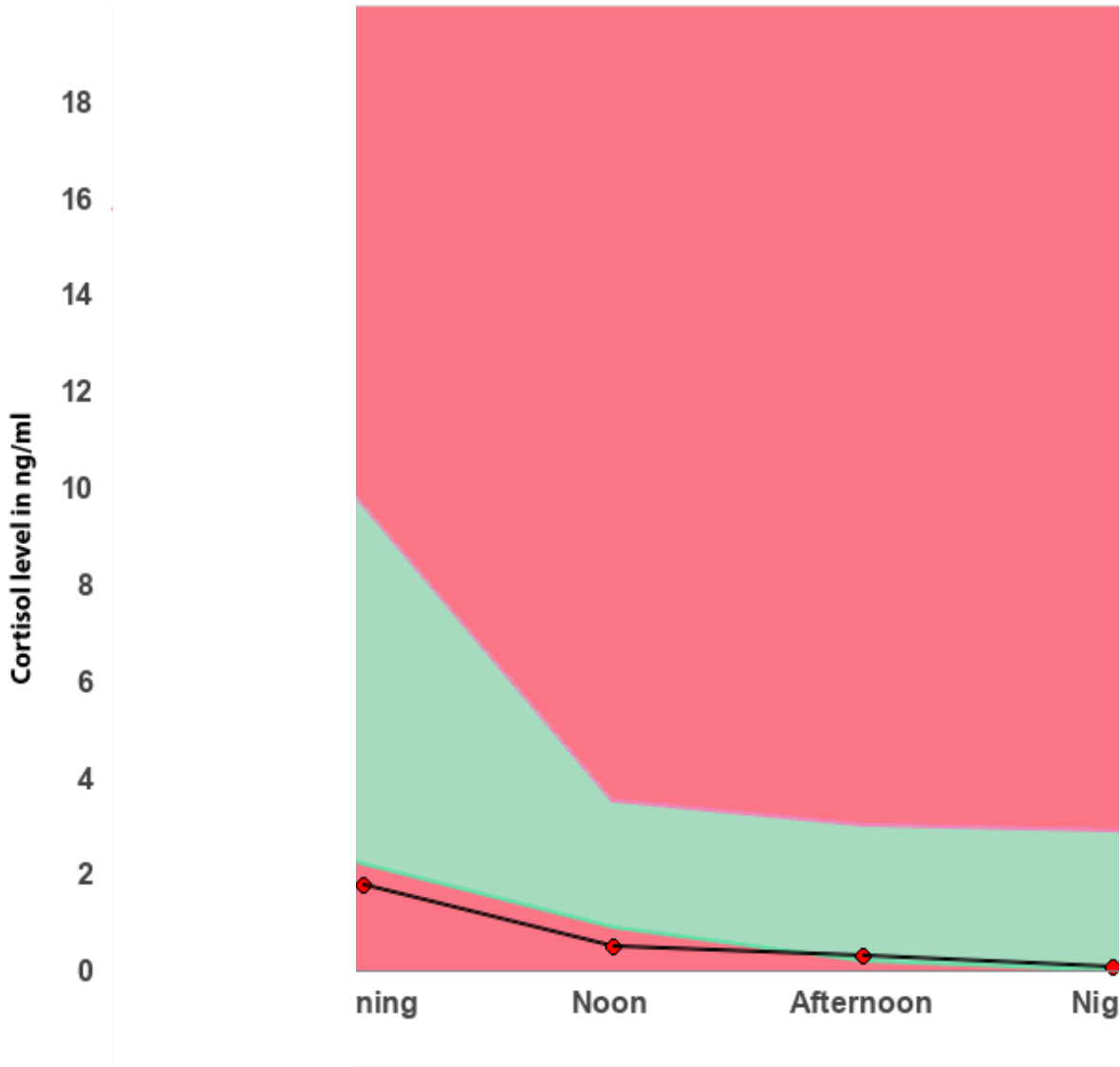
Reference range	Median
4:1 to 5:1	3:1

TESTOSTERONE (T) pg/ml

22.5

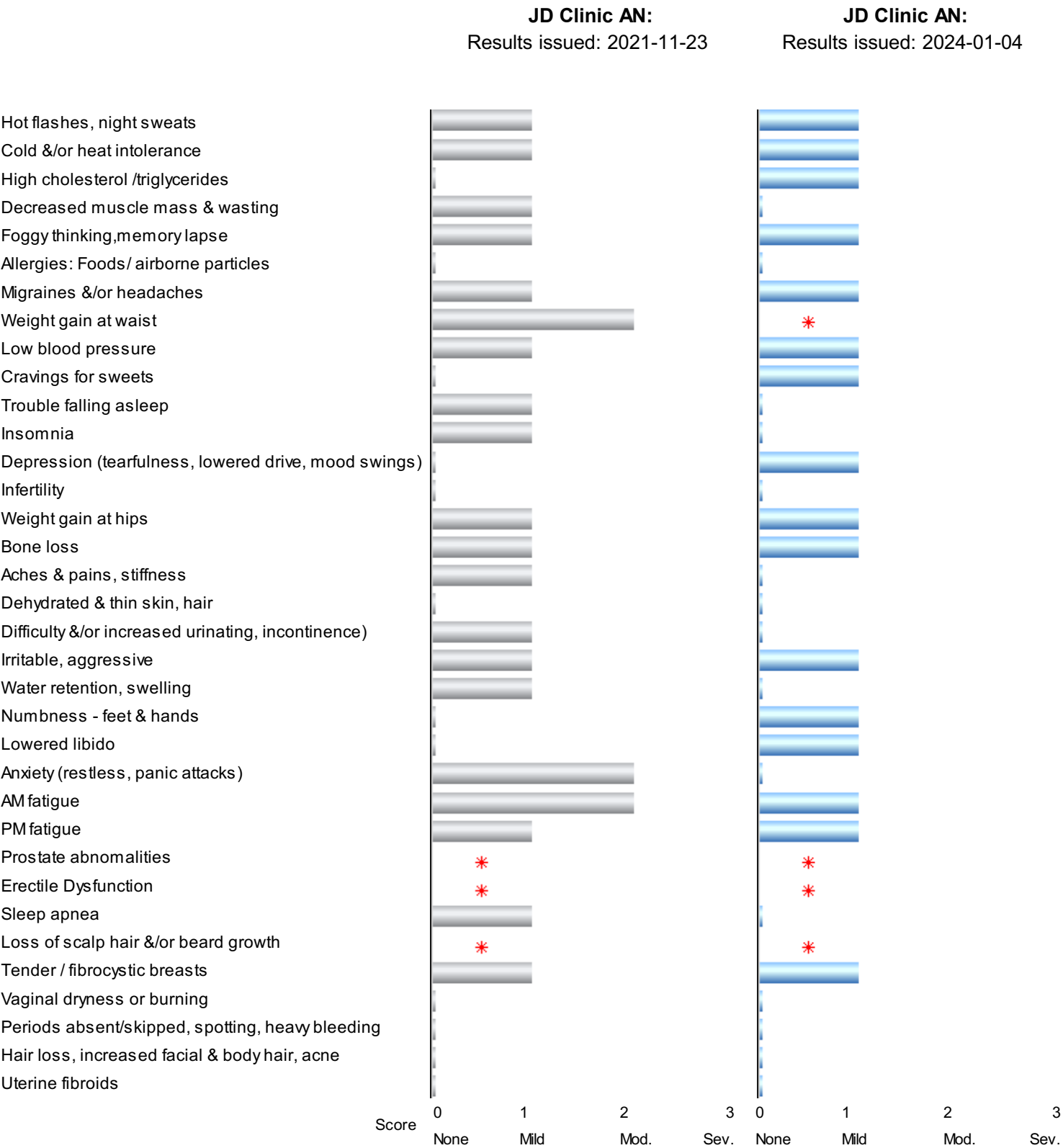
Age (years)	Reference ranges	
	Male	Female
Less than 20	Range not applicable	
20 - 29	41.4 - 142.5	5.5 - 49.0
30 - 39	31.8 - 100.4	5.2 - 49.0
40 - 49	30.1 - 97.8	4.5 - 49.0
50 - 59	30.0 - 92.0	3.6 - 49.0
60 - 69	23.2 - 86.9	2.9 - 38.8
Greater than 69	Range not applicable	

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* Indicates that symptom left blank